



LENTEN AND EASTER GREETINGS FROM
YOUR NOW HEALTHY PROVINCIAL DELE-
GATE, FR PATRICK FARRELL, OCD:

I forget who it was, but I remember reading the statement, "I have been rich and I have been poor. And I much prefer being rich." My version of it is, "I have been healthy and I have been sick. And, honestly, I prefer being healthy." While "sick" I visited 14 OCDS groups during December and January. So, God did not trust me being virtuous as a sick Carmelite for too long.

St Teresa of Avila pointed out somewhere in her Way of Perfection or Life that those who are sick can pray just as well as those who are enjoying good health.

In the second reading for her feastday (Letter to the Romans 8:14-17 & 26-27) we read:

The spirit too comes to help us in our weakness. For when we cannot choose words in order to pray properly, the Spirit himself expresses our plea in a way that could never be put into words, and God who knows everything in our hearts knows perfectly well what He means, and that the pleas of the saints expressed by the Spirit are according to the mind of God.

I will never forget a wonderful lady who suffered a stroke. Whenever I would stop by to say hello, she would say, "Oh my, oh my, oh my" many times. I knew what she was saying: "Come in, I'm glad to see you!" God is infinitely smarter than I. So, pray the best you can. The Spirit will help.

God knows what you would like to say, whether you can say it or not.

If you want to pray, you are praying--because your mind and heart are lifted up to God. Stop worrying about quality.



St Therese of the Child Jesus as a novice about age 16 or 17.... This is the 100th year of her death--when she really went to work obtaining favors for the likes of us.

Before I forget it, my idea of the Holy Hill Clarion is for it to be my sharing of ideas that I think will be helpful to you personally and of possible use in your community's formation. Many have shared with me, and I--like the bee flying from flower to flower--want to pass along practical ideas to you. This is not a magazine, but a letter. The calendar part is the work of the Pittsburgh OCDS. Remember, you who work in formation, that you must adjust materials to the needs of your group.

--Fr. Pat Farrell, OCD

WHAT IS HAPPENING IN THIS CENTENNIAL YEAR OF THE DEATH OF ST THERESE?

You, of course, must know about our Eastern Regional Congress June 12th to 15th, 1997 at the Huntington Hilton, NY, centers on St Therese the Little Flower. There are probably no openings left, but you can call Anne Engo (516-878-8393) to see if there are.

Our Chicago scholarly community of Fathers and Brothers do not want to be left out:



The Little Flower Centenary
Catholic Theological Union
5401 S. Cornell Avenue
Chicago, Illinois

The "Little Way" of St. Therese
Saturday, February 22, 1997

Kieran Kavanaugh, O.C.D., and Marc Foley, O.C.D.
9 A.M. - 3 P.M. \$40. (lunch included)

LECTURES

May 5, 1997 - Denis Read, O.C.D.
St. Therese's Influence on Contemporary
Theology and Spirituality

May 12, 1997 - Michael Dodd, O.C.D.
St. Therese and the Mission of the Church

May 19, 1997 - Emmanuel Sullivan, O.C.D.
Three Heroic Women:
Mary of Nazareth, Teresa of Avila,
Therese of Lisieux

All lectures begin at 7 P.M. - \$10 per lecture
refreshments served

(for additional information call Eleanor Holland,
IBVM at 773-324-8000)

The greatest honor we can give the Little Flower, St. Therese of the child Jesus and the Holy Face, is to imitate her--especially her "little way" based upon a deep appreciation of the Gospels.



The Garlin Travel Service of Philadelphia is sponsoring an 11-day tour of the Shrines of France. May 19-29th, leaving from New York. For information: toll free 888-533-trip.

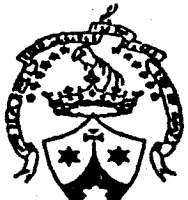
Here at Holy Hill, Shrine of Mary, Help of Christians, I will be giving a OCDS regional retreat May 23-25 with the theme of St Therese.

I've also been asked to tell you about: 11-day Marian Pilgrimage to France Sept 16-26, leaving from Boston. For information: call 508-462-1057 Loretta Gallagher.

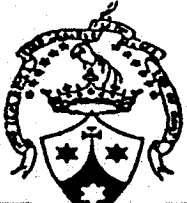
If you make the OCDS Promise, you do it *before God* to the Superiors and members of the Order. Later, the optional vows are made *directly to God*.

MARCH

He is there when we think we are alone.
 He listens when nothing answers us.
 He loves us when everything abandons us.
 St. Augustine

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|--|---|---|---|
| 2 Today is holy to the Lord your God ... rejoicing in the Lord must be your strength Nehemiah 8:9,10 | 3 Love is stronger than all things. Pope John Paul II | 4 Return to Me with your whole heart, with fasting and weeping... Joel 2:12 | 5 Draw close to God and He will draw close to you. James 4:8 | 6 God alone in every cell of me! God alone! For all eternity. St. Louise de Montefort | 7 Through His suffering, my servant shall justify many, and their guilt He shall bear. Isaiah 53:11 | 8 Though your sins be like scarlet, they may become white as snow. Isaiah 1:18 |
| 9 Taste and see that the Lord is good, blessed is the man who flees to Him for safety. Psalm 34:9 | 10 Therefore if you hearken to My voice and keep My covenant, you shall be My special possession.Exodus 19:5 | 11 I don't count on my merits alone, since I have none, but I trust in Him who is Virtue and Holiness. St. Therese of Lisieux | 12 I feel Him so alive in my soul. I have only to recollect myself to find Him within me. Blessed Elizabeth of the Trinity | 13 One must learn to find the solitude within, wherever or with whomever he may be. Meister Eckhart | 14 And when you fast do not look gloomy. Matthew 6:16 | 15 Poverty that is chosen for God alone has no need of pleasing anyone but Him. St. Teresa of Avila |
| 16 O my Lord, if we truly know You, we wouldn't care at all about anything. St. Teresa of Avila | 17 St. Patrick In Him I find everything. St. Theresa of the Andes | 18 I gave my back to those who beat me, my cheeks to those who plucked my beard. Isaiah 50:6 | 19 St. Joseph Husband of Mary One cannot speak simultaneously to God and to the world. St. Teresa of Avila | 20 For here we have no lasting city; we are seeking one which is to come. Hebrews 13:13 | 21 Unless a grain of wheat falls into the ground and dies, it remains only a single grain, but if it dies, it produces a rich harvest. John 12:24 | 22 |
| 23 Passion Sunday Palm Sunday Hosanna. Blessed is he who comes in the name of the Lord, the king of Isreal. John 12:13 | 24Monday of Holy Week Let us destroy the tree in its vigor...so that his name will be spoken no more. Jeremiah 11:20 | 25Tuesday of Holy Week ANNUNCIATION I am the servant of the Lord. Let it be done to me as you say. Luke 1:38 | 26 Wednesday of Holy Week By His wounds you were healed. 1 Peter 2:24 | 27 Thursday of Holy Week Father forgive them, for they do not know what they are doing. Luke 23:33 | 28 Good Friday It is consummated. Then He bowed His head and delivered over His spirit. John 19:30 | 29 Holy Saturday By one offering He has forever perfected those who are being sanctified. Hebrews 10:14 |
| 30 EASTER HE HAS RISEN! Matthew 28:6 | 31 Easter Monday Live in love, live in heaven, live in God. St. Therese of the Andes | | |  | | |

APRIL

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|---|--|---|--|
| | | 1 Easter Tuesday This is the day the Lord has made; let us rejoice and be glad, Alleluia. Office of the day | 2 Easter Wednesday The Lord is risen! Alleluia! Office of the day | 3 Easter Thursday If we have died with Christ, we believe we are also to live with Him. Romans 6:8 | 4 Easter Friday The disciple whom Jesus loved said: It is the Lord, Alleluia. Office of the day | 5 Easter Saturday First Saturday Blessed are they who have not seen Me and yet believe, Alleluia. Office of the day |
| 6 2nd Sunday of Easter My Lord and my God. John 20:28 | 7 May it be done to me according to your word. Luke 3:7 | 8 You must be born from above. John 3:6 | 9 God so loved the world that He gave His only Son. John 3:16 | 10 We must obey God rather than men. Acts 5:29 | 11 He withdrew again to the mountain alone. John 6:15 | 12 It is I. Do not be afraid. John 6:20 |
| 13 The first sign of love is this: Jesus has given us His flesh to eat and His blood to drink. The property of love is to be always giving and receiving. Blessed Elizabeth of the Trinity | 14 | 15 Ah! How sweet was that first kiss of Jesus!...That day, it was no longer simply a look, it was a fusion. St. Therese of Lisieux | 16 I Myself am the bread of life. No one who comes to Me shall ever be hungry. John 6:35 | 17 I have taken refuge in those sacred volumes (of Scripture) as in an impregnable fortress and I have found immediate balm for my struggling spirit. Blessed Baptist Spagnoli | 18 | 19 Lord, to whom shall we go? You have the words of eternal life. John 6:68 |
| 20 I am the Good Shepherd: I know My own and My own know me. John 10:11 | 21 My soul is thirsting for the living God. Psalm 42:3 | 22 Lord, share with us the fruits of your victory. Office of the day | 23 If we have died with Christ, we believe that we are also to live with Him. Office of the day | 24 We are his members and we are nourished by creation, which is His gift to us... St Irenaeus | 25 I am the way, the truth and the life; no one comes to the Father but through me. John 14:6 | 26 The body of Christ gives life to those who receive it. St. Cyril of Alex |
| 27 I don't want to be a saint by halves, I'm not afraid to suffer for you, I fear only one thing; to keep my own will; so take it, for I choose all that you will. St. Therese of Lisieux | 28 | 29 When I call out to the Lord, He answers me from His holy mountain. Psalm 3:5 | 30 Acquire a fresh, spiritual way of thinking. Eph. 4:23 | |  | |



MARY - More MOTHER than Queen

MAY

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|---|---|---|---|
| | | | | 1 St. Joseph the Worker Those who are devoted to prayer should cherish devotion to St. Joseph. Teresa of Avila | 2 It is you who bless man, Lord: you surround him with favor as with a shield. Psalm 5:13 | 3 Sts. Philip & James Apostles The upright man finds life through faith. Romans 1:17 |
| 4 I will sing and chant praise to the Lord Psalm 27:6 | 5 Whatever you do, do from the heart, for the Lord, and not for others. Col 13:23 | 6 Prayer cannot be accompanied by self-indulgence. St. Teresa of Avila | 7 ...prayer finds its source in God's holiness and is at the same time our response to this holiness. John Paul II | 8 The Ascension I will not leave you orphans; I will come back to you. John 14:18 | 9 When I see your face, Lord, I shall know the fullness of joy. Antiphon Christian Prayer | 10 As morning breaks I look to you God, to be my strength this day. Antiphon Christian Prayer |
| 11 Mothers Day As a mother comforts her child, so I will comfort you. Isaiah 66:13 | 12 By the gift of herself, Mary entered fully into the plan of God who gives Himself to the world. Pope John Paul II 1993 Encyclical: The Splendor of Truth | 13 | 14 St Matthias-Apostle Blessed are they who hear the word of God and keep it. Luke 11:28 | 15 Let us keep our eyes fixed on Jesus, who inspires and perfects our faith. Hebrews 12:2 | 16 St. Simon Stock Consider that God reigns only in the peaceful and disinterested soul. St. John of the Cross S#71 | 17 In silence and in hope shall your strength be. Isaiah 30:15 |
| 18 PENTACOST You give breath, fresh life begins, You keep renewing the world. Psalm 104:30 | 19 Everything is possible to one who has faith. Mark 9:23 | 20 Recollection is just looking at Jesus more and more. It is our sweet occupation throughout the day. Mother Aloysius of Concord | 21 | 22 St Joachim deVedruna Learn to love as God desires to be loved and abandon your own ways of acting. St. John of the Cross | 23 Let kindness and loyalty never leave you: write them on the tablet of your heart. Proverbs 3:3 | 24 Most Blessed Trinity, I desire to love You and make You loved. St. Therese of Lisieux |
| 25 Oh my God, Trinity whom I adore, help me to forget myself completely so that I may be rooted in You. Blessed Elizabeth of the Trinity | 26 | 27 Adoring God in truth means admitting that , although we are completely opposite, He wants to make us like Himself. Brother Lawrence of the Resurrection | 28 | 29 May the God of peace make you perfect in holiness. 1 Thes 5:23 | 30 Yes, from this day forward all generations will call me blessed, for the Almighty has done great things for me. Luke 1:48,49 | 31 VISITATION |

ABOUT PREPARATION FOR THE NEXT MILLENIUM. . .

St Teresa of Avila saw herself as a daughter of the Church. Therese of Lisieux referred to herself as a Child of the Church. So, you know what would be their Teresian Carmelite reaction to the request of Pope John Paul II to all to give a Christian tone to the expectation of the next millenium.

1996 was the last preparation year before the launching of, the three decisive years of vigorous evangelization and catechetics which will determine if we will be drawn into the current of grace by the year 2000. into the century of great evangelization and religion for which the Pope prays and suffers.

1997 Year One - "Jesus Christ, the one Savior of the world, yesterday, today, and forever" (Heb 13:8)

***Penetration of the mystery of the Incarnation and of the mystery of the Blessed Virgin Mary's Divine Motherhood and her role as the model of faith.**

***Renewed appreciation of the Sacrament of Baptism, its commission for all to evangelize, and its foundation for communion among all Christians.**

***Renewed interest in Sacred Scripture and in striving for holiness.**

***Detailed study of the Catechism of the Catholic Church and emphasis on the theological virtue of Faith.**

1998 will be an emphasis on the Holy Spirit, the eternal source of every gift that comes from God.

1999 will emphasize God the Father, Who leads us on the "pilgrimage that takes place in the heart of each person, extends next to the believing community, then reaches to the whole of humanity."

2000 the Jubilee Year. . . "The aim will be to give glory to the Trinity, from Whom everything in the world and in history comes and to Whom everything returns."

A JIGSAW PUZZLE OF ST THERESE?

In honor of the centenary of the death of St. Therese some monasteries of Discalced Carmelite Nuns have put out wonderful calendars.

The Discalced Carmelite Nuns of the Detroit area (actually now a few miles north of Detroit: 35750 Moravian Drive, Clinton Twp, MI 48035-2138) are soon to make available to religious article stores, other monasteries, Secular Order groups, and other places that want puzzles by the carton, a jigsaw puzzle showing the ten portraits of St Therese.

This is a project which is at once inspiring, educational, and enjoyable. In short, just plain fun, yet at the same time lifts up the heart to God and His works, and encourages people to learn about the spiritual life.

There will be a booklet with the 21 inch in diameter puzzle. It will use the ten portraits of St Therese to trace the development of Therese's spiritual life and the developing of the Little Way.

Having seen the circular painting that will be converted into a puzzle, I myself look forward to its availability. After it is put together, and sealed, it will make an excellent piece to hang on the wall, reminding me and others of the various photos of St Therese and her development into a great saint at such an early age--but in stages. It should be available by April.

BACK TO THE GOSPEL, THE MESSAGE OF ST THERESE OF LISIEUX. . . A letter from the O.Carm and OCD Superiors General on the occasion of the Centenary of the death of St Therese of Lisieux. . .

Eventually I will get copies of this 36 page document to the leadership of all the Communities/Groups in my jurisdiction. But, for now, let me quote one of its valuable passages:

28. Faithful to the Rule, Therese meditated day and night on the law of the Lord, and kept watch in prayer. Like her spiritual mother Teresa of Jesus, she found in Jesus a living book, and in imitation of St John of the Cross, she "fixed her eyes on Christ." Cf Story of A Soul VIII (Manuscript A,83V) or Catechism of the Catholic Church, 127.

~~MORE QUESTIONS TO APPLY ST. TERESA'S~~
WAY OF PERFECTION TO YOUR LIFE:

Ch 17, n.3

A.)When do you practise "medi-
tation"--or, a thinking/talking-to-
God kind of prayer? And, if you run
out of things to say, do you com-
bine that kind of prayer with
reading from a book to help you?
And, is the book one of the gos-
pels? Are you one of the "many"
that St Teresa speaks of?

Or, are you one that shuts off the
light for the prayer of snoozing?

(Better to sleep than to experience
aridity, right?) But, Teresa sug-
gested using a book--which you
can't read in holy darkness! Do you
need your darkness--with a flicker-
ing candle? Or do you need to press
the reset-button of your prayer
life called a book?

B.)Or, are you someone who
can't "meditate"? Are you one of
those who are "able only to pray
vocally"? If so, so you try to make
your vocal or formula prayers as
much yours as you can, so that they
are real prayers, not just verbal
gibberish? For example, do you
notice the words when you pray
them--like the "now" in the Hail
Mary?

C.)Or, are you one of those
people (at present) with "minds so
active they cannot dwell on one
thing"?

If so, do you have a "thousand
absurdities, scruples, and doubts"?

(Can the evil spirit employ any
better trick than that to pull you
away from prayer efforts?)
And, do you ask yourself why you
don't have the delights in prayer
that some others talk about?

Do you understand that these others
did not merit their delights in
prayer, but were the recipients of
GIFTS from God--based on their
needs and God's generosity to
alleviate those needs?

~~D.) Not to get the "delights"~~
in prayer that others seem to
receive may:

(1)make you proud (= upset that God
deals with someone so deserving as
wonderful you), or

(2) it may make you humble (=ready
to receive any graces/helps/de-
lights when God chooses to give
them). Which is safer?

E.)If, when you are praying,
meditating (talking-thinking pray-
er) to God, AND you experience
certain delights. . . do you feel:
(1) you have earned them? (=pride)
or (2) you have received something
wonderful from God and you really
don't know how to thank Jesus?

Ch 17, n4:

F.)In this paragraph do you
read the reassuring words of Teresa
for those who have not received
special favors in prayer?

G>)Do you feel you should be
cautious about your "tears", lest
they be not all that perfect? Or,
do you feel that you have a long
way to go, because you do not have
the gift of tears? What does Teresa
say to the likes of you?

Ch 17, n5:

H.)For people who haven't read
or who have forgotten this part of
the *Way of Perfection*, and presume
all can easily be contemplative,
and the rest are good-for-
nothing,...what were the advantages
of St Martha?

Ch 17 n6:

I.)How should the Martha types
handle things today? Will you
consider how true humility consists
in great readiness to be content
with whatever the Lord may want to
do with you? And, what does He seem
to want to do with you? --Forget
those others!

J.) Have you found yourself
feeling unworthy to be called His
servant?

Questions on Way cont:

K.) To use Teresa's own question:
"If contemplating, practicing mental and vocal prayer, taking care of the sick, helping with household chores, and working even at the lowliest tasks are all ways of serving the Guest who comes to be with us and eat and recreate, what difference does it make whether we serve in the one way or the other?"

Ch 17, n 7:

L.) Prayerful people may very seem to prefer contemplation with its delights to the Cross with its pains. To which are you closer at this moment: smooth contemplation or rough Cross?

M.) Does it console you to realize that your divine Friend, Jesus, may be inviting you to carry a heavy cross? Or do you--like Jesus in the garden of Gethsemane--feel like arguing with God, "let this chalice pass?"

Ch 18, n1:

A.) Some people seem to think that one can reach a plateau of wonderful contemplative delights and be free of the Cross. How does Teresa see the two joined? Do you worry when you experience great delights that you may soon have a great cross?

Ch 18, n2:

B.) In your Christian life, have you thought that you were lost and must begin again?

C.) If you consider yourself sort of contemplative, do you feel courageous and determined to suffer or unafraid of trials? If so, did you first feel weak and in need of special help from God--maybe just to survive?

May you have a peaceful Lent as you change what you should for the better, and a HAPPY EASTER!

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Eastern Province

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