



**DISCALCED CARMELITE  
PROPER CALENDAR  
promulgated Oct. 2, 2023**

Jan. 4	St. Kuriakos Elias Chavara (superseded annually by St. Elizabeth Ann Seton in the U.S.)	m
Jan. 8	St. Peter Thomas	m
Jan. 9	St. Andrew Corsini	m
Jan. 27	St. Henry de Ossó y Cervelló, St. Angela Merici	m
Feb. 4	Bl. Marie-Eugene Grialou	m
Feb. 24	Bl. Josepha Naval Girbes	m
Apr. 17	Bl. Baptist Spagnoli	m
Apr. 18	Bl. Mary Barbe Acarie	m
Apr. 23	Bl. Teresa Maria Manetti	m
Apr. 28	Bl. Maria Felicia Guggeri Echeverria St. Peter Chanel, St. Louis de Montfort	m
May 4	Bls. Angel Maria Prat Hostench, Lucas Pujol & Companions	m
May 16	St. Simon Stock	m
May 22	St. Joachina de Vedruna, St. Rita of Cascia	m
May 24	St. Bede the Venerable, St. Gregory VII	m
May 25	St. Mary Magdalene de' Pazzi	M
May 29	Bl. Elia of St. Clement, St. Paul VI	m
June 7	Bl. Anne of St. Bartholomew	m
June 12	Bl. Alphonsus Mary Mazurek & Companions	m
June 14	St. Elisha, Bl. Maria Candida Barba	m
June 26	Bl. Maria Giuseppina Catanea	m
July 10	St. Henry	m
July 12	Sts. Louis Martin & Marie Azélie Guérin	m
July 13	St. Teresa Fernández Solar	M
July 16	Bl. Virgin Mary of Mount Carmel	S
July 17	Bl. Teresa Lidoine & Companions	m

S = Solemnity, F = Feast

M = Obligatory Memorial, m = Optional Memorial

NOTE: In the event of more than one Optional Memorial, you are free to choose.



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July 18	St. Apollinaris, St. Camillus de Lellis	m	July 18	St. Apollinaris, St. Camillus de Lellis	m	July 18	St. Apollinaris, St. Camillus de Lellis	m
July 19	St. Bridget	m	July 19	St. Bridget	m	July 19	St. Bridget	m
July 20	St. Elijah	F	July 20	St. Elijah	F	July 20	St. Elijah	F
July 23	Bl. Virgin Mary, Mother of Divine Grace	M	July 23	Bl. Virgin Mary, Mother of Divine Grace	M	July 23	Bl. Virgin Mary, Mother of Divine Grace	M
July 24	Bls. Maria Pilar Martínez García, Maria Sagrario Moragas Cantarero & Companions; St. Charbel Makhluf	m	July 24	Bls. Maria Pilar Martínez García, Maria Sagrario Moragas Cantarero & Companions; St. Charbel Makhluf	m	July 24	Bls. Maria Pilar Martínez García, Maria Sagrario Moragas Cantarero & Companions; St. Charbel Makhluf	m
July 27	St. Titus Brandsma	m	July 27	St. Titus Brandsma	m	July 27	St. Titus Brandsma	m
July 28	Bl. John Soreth	m	July 28	Bl. John Soreth	m	July 28	Bl. John Soreth	m
Aug. 3	St. Sixtus II & Companions, St. Cajetan	m	Aug. 3	St. Sixtus II & Companions, St. Cajetan	m	Aug. 3	St. Sixtus II & Companions, St. Cajetan	m
Aug. 7	St. Albert of Trapani	M	Aug. 7	St. Albert of Trapani	M	Aug. 7	St. Albert of Trapani	M
Aug. 9	St. Teresa Benedicta of the Cross	M	Aug. 9	St. Teresa Benedicta of the Cross	M	Aug. 9	St. Teresa Benedicta of the Cross	M
Aug. 18	Bls. Leonard Duverneuil, Michael Aloysius Brulard, James Gagnot & Companions	m	Aug. 18	Bls. Leonard Duverneuil, Michael Aloysius Brulard, James Gagnot & Companions	m	Aug. 18	Bls. Leonard Duverneuil, Michael Aloysius Brulard, James Gagnot & Companions	m
Aug. 23	St. Louis, St. Joseph Calasanz, St. Rose of Lima	m	Aug. 23	St. Louis, St. Joseph Calasanz, St. Rose of Lima	m	Aug. 23	St. Louis, St. Joseph Calasanz, St. Rose of Lima	m
Aug. 25	St. Mariam of Jesus Crucified	M	Aug. 25	St. Mariam of Jesus Crucified	M	Aug. 25	St. Mariam of Jesus Crucified	M
Aug. 26	Transverberation of St. Teresa of Jesus	m	Aug. 26	Transverberation of St. Teresa of Jesus	m	Aug. 26	Transverberation of St. Teresa of Jesus	m
Sept. 1	St. Teresa Margaret Redi	M	Sept. 1	St. Teresa Margaret Redi	M	Sept. 1	St. Teresa Margaret Redi	M
Sept. 11	Bl. Maria López Rivas	m	Sept. 11	Bl. Maria López Rivas	m	Sept. 11	Bl. Maria López Rivas	m
Sept. 17	St. Albert of Jerusalem	F	Sept. 17	St. Albert of Jerusalem	F	Sept. 17	St. Albert of Jerusalem	F
Sept. 18	St. Robert Bellarmine, St. Hildegard	m	Sept. 18	St. Robert Bellarmine, St. Hildegard	m	Sept. 18	St. Robert Bellarmine, St. Hildegard	m
Oct. 1	St. Thérèse of the Child Jesus	F	Oct. 1	St. Thérèse of the Child Jesus	F	Oct. 1	St. Thérèse of the Child Jesus	F
Oct. 15	St. Teresa of Jesus	S	Oct. 15	St. Teresa of Jesus	S	Oct. 15	St. Teresa of Jesus	S
Oct. 30	Bl. Maria Teresa Tauscher	m	Oct. 30	Bl. Maria Teresa Tauscher	m	Oct. 30	Bl. Maria Teresa Tauscher	m
Nov. 5	Bl. Françoise d'Amboise	m	Nov. 5	Bl. Françoise d'Amboise	m	Nov. 5	Bl. Françoise d'Amboise	m
Nov. 6	St. Nuno Álvares Pereira	m	Nov. 6	St. Nuno Álvares Pereira	m	Nov. 6	St. Nuno Álvares Pereira	m
Nov. 7	Bl. Francis Palau y Quer	m	Nov. 7	Bl. Francis Palau y Quer	m	Nov. 7	Bl. Francis Palau y Quer	m
Nov. 8	St. Elizabeth of the Trinity	M	Nov. 8	St. Elizabeth of the Trinity	M	Nov. 8	St. Elizabeth of the Trinity	M
Nov. 13	St. Frances Xavier Cabrini	M	Nov. 13	St. Frances Xavier Cabrini	M	Nov. 13	St. Frances Xavier Cabrini	M
Nov. 14	All Carmelite Saints	F	Nov. 14	All Carmelite Saints	F	Nov. 14	All Carmelite Saints	F
Nov. 15	Commemoration of All Carmelite Souls		Nov. 15	Commemoration of All Carmelite Souls		Nov. 15	Commemoration of All Carmelite Souls	
Nov. 19	St. Raphael Kalinowski	M	Nov. 19	St. Raphael Kalinowski	M	Nov. 19	St. Raphael Kalinowski	M
Nov. 29	Bls. Denis & Redemptus	m	Nov. 29	Bls. Denis & Redemptus	m	Nov. 29	Bls. Denis & Redemptus	m
Dec. 10	Our Lady of Loreto, St. Damasus I	m	Dec. 10	Our Lady of Loreto, St. Damasus I	m	Dec. 10	Our Lady of Loreto, St. Damasus I	m
Dec. 11	St. Maria Maravillas	M	Dec. 11	St. Maria Maravillas	M	Dec. 11	St. Maria Maravillas	M
Dec. 14	St. John of the Cross	S	Dec. 14	St. John of the Cross	S	Dec. 14	St. John of the Cross	S
Dec. 16	Bl. Mary Fontanella	m	Dec. 16	Bl. Mary Fontanella	m	Dec. 16	Bl. Mary Fontanella	m