

Secular Order of Discalced Carmelites

FORMATION I – YEAR B

History & Charism

In order to more easily understand the origin, traditions and the reform of Carmel, this year of formation is divided into two parts:

Part I) History and Traditions: A deeper understanding of the Carmelite charism. This part includes the early history of Carmelite spirituality and the representatives of the pure and prophetic spirit of the early Carmelites.

Part II) OCDS Constitutions and Statutes: A deeper understanding of our formation, community and the Promise. The second half of the year covers the study of the OCDS legislative documents in order to understand and experience the vocation to Carmel within the context of a community.

Toward the end of this year of formation, the primary focus is on the Beatitudes in the context of the Promise. “Following Jesus as members of the Secular Order is expressed by the promise to strive for evangelical perfection in the spirit of the evangelical counsels of chastity, poverty and obedience and through the beatitudes.” (Constitution 11)

Excerpt from “Introduction to Formation I, Year B”

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